

One Programme  
Adventure Skills



Camping &  
Backwoods  
Logbook

v-RC-1

Feb-19

# Camping & Backwoods Personal Record Log

Name

Address

Phone (H)

(M)

Email Address

Date Logbook Started

## DATES OF SKILLS COURSES ATTENDED

Course	Date:	Location:	Organiser	Organisers signature:

## FIRST AID CERT:

Level of Cert / Issuing Body	Date of Cert	Valid until

## Scout Camping Stages Awarded

Stage:	Date:	Location:	Assessor:	Assessor's signature:	Certificate Number
One					
Two					
Three					
Four					
Five					
Six					
Seven					
Eight			/	/	
Nine			/	/	

## Scout Backwoods Stages Awarded

Stage:	Date:	Location:	Assessor:	Assessor's signature:	Certificate Number
One					
Two					
Three					
Four					
Five					
Six					
Seven					
Eight			/	/	
Nine			/	/	

## **Clarification on the Camping Adventure Skills Requirements & Assessment Methodology**

The first recommendation is that the longer explanations in the A4 Adventure skills manual are used in the assessment process, as they contain greater detail and more concise notes than the poster book, or the summary statements at the front of each adventure skill chapter. The information below should be used to further clarify where necessary.

It is recognised that as part of the programme cycle, groups will often go on a 'holiday' style camp, whilst the team recognises the value such programme delivers to a group, they are not the style of camp that should be used for the assessment of camping skills.

All logged nights for the camping adventure skills should be outdoors under canvass or bivy.

These recommendations and guidelines are for going forward and the team will assess historic experience on a case by case basis considering the best practice at the time

It must also be remembered that this is an adventure skill and not competition skills, and is about getting out and about and improving your programme, menu and love of the outdoors

## Assessment Protocols

Whilst there are interim instructions on who can assess and to what level issued by the NYPC, the suggested best practice for this adventure skill is always the 'two down rule' where youth members and scouters can train and assess to two stages below their stage up to assessment for stage 7. For Stage 8 and 9, a peer review protocol is used. In practice, two Stage-9s sign off a stage 8, and two different Stage-9s then sign off the stage 9, thus ensuring all stage-9s have a well rounded approach to the skill.

The competency statements as outline in the A4 Manual and clarified in this document are the minimum standards required, and candidates should complete all competency statements fully and be able to repeatedly demonstrate all of the skills at each stage

Adventure skills are not section specific and as such require a group not a section approach. It is recommended that the Group Council appoint one person take responsibility for the camping adventure skill, ensuring that the whole group is applying the skills and stages evenly across all sections. Ideally a group database should be maintained for all adventure skills

A Camping logbook is now available and the idea is that the logbook is presented as part the assessment

Any requirements for the number of nights camped should be in addition to the previous stage

Assessors should satisfy themselves that the candidate for assessment does hold the stage previous to the stage being assessed

Members being assessed should indicate that they want to be assessed as part of the planning of the activity so they can be observe. Badges should not be handed out or competency statements signed off in logbooks for attendance on an event without a pre-planned assessment

## **Clarification of Competency statements (1-7)**

### **Stage 1**

- One night Camping – this must be Outdoors
- How to Sew – not just badges
- When tent pitching, youth members must play an active part and not merely be present whilst tents are being pitched

### **Stage 2**

- 2 additional nights to stage 1

### **Stage 3**

- Instruct younger scout on how to pitch tent (assist to achieve stage 1)
- Assist in cooking a meal
- 2 Consecutive nights on camp

### **Stage 4**

- Should be able to define team gear
- Lightweight camp is 'carry' not 'car'
- Constructive Member means Visible Participation - working independent – can instruct others in basic skills

### **Stage 5**

Should possess the knowledge and be able to show how to do it

- Light Weight Camping or wild camping  
– needs to be a 'carry' not a 'car' but can be on easy terrain – i.e. lowland or canal tow path (i.e. not on a mountain). Defined as a carry on back or in boat minimum 2km from road head to campsite. The camp site must have no amenities, toilets or taps and be on a unmanaged surface (i.e. long not cut)
- Must stay in bivvy as opposed to just building it.

### **Stage 6**

Additional 8 nights including 7 consecutive

2 Consecutive Nights Wild Camping

### **Stage 7**

- 2 Night Wild Camp to include full detailed planning
- 12 Additional Nights including 2 consecutive without scouter (or be the scouter)

## **Clarification of Competency statements (8-9)**

Prior to starting work on stage 8 you should identify a Stage 9 holder who will act as a mentor and discuss your plans in advance. As the expeditions and camps that are undertaken in stages 8 and 9 can vary significantly in location, scope, activity and section it is impossible to write a single criteria to 'fit all' and your mentor's job is to guide you to ensure that your work will be to the high standard required

The term expedition refers to a moving camp. The camps and expeditions that will be assessed should be the ones that you have had an active role in the planning and leadership of, and not as a 'participant' youth member or scouter.

### **Stage 8**

The Specialist expedition should be signed off by the mentor before hand and should be of a minimum 4 nights. The candidate need not necessary be the 'expedition leader' but must demonstrate the learning of new skills and setting a goal to challenge them. – Explorer belts, roverway (expedition stream) etc would be good examples of such expeditions

In relation to the 'leave no trace' element of the stage the candidate should keep a log including photos of how they observed the seven leave no trace principles over the course of a camping activity to have available for the assessment process.

In relation to the 'assist in the organisation of 2 camps' it is expected that one is a 2 night camp and the second is a 4 (+) night camp.

## **Stage 9**

In relation to the statement on 'budget, prepare and manage every aspect of an expedition' there is a requirement to be camp chief on two expeditions. This in addition to any requirements for stage 8. The expeditions must be a minimum of 2 nights and should be signed off by the mentor before doing. These can incorporate other adventure skills such as hillwalking or canoeing.

In relation to the competency statement on 'I have organised and led at least one camp for my team'. As the lower stage requirements contain a requirement for 8 consecutive nights, the requirement will be to led an 8 night camp appropriate to the section and be in Ireland so as to cope with appropriate weather. These should contain an active scout programme and a minimum of bought in 'entertainment' (circa 10%), it is permissible to outsource programme that is complementary to the adventure skills (i.e. sailing lesson that fits the requirement for that skill) or the personal development of the youth member / small team system. The menu should be cooked in the main by the participants. The mentor will require a full planning file before hand and a comprehensive report post camp, including an alternative wet weather plan. A separate document is current being prepared as to what plans and paperwork are required

In relation to the statement 'I can plan and execute camps and expeditions in all locations at home and abroad, the at home would be covered in an Irish camp as outlined above. The international camp needs to have the camp chief play a substantial role in the organising of the programme and interaction of the group. Whilst some jamborees do not lend themselves to allowing this other do and there is also areas around post jamboree programme or home hospitality that would allow for this. This should be discussed with your mentor before hand. Participants would be expected to look after their own catering in the main. International camps where catering and programme are pre arranged such as Jeka will probably not meet the necessary requirements

## Camping Stage 1

<b>Competency Statement</b>	Assessor's Signature
I know the main personal gear to bring on camp.	
I know how to care for my personal camping gear.	
I know what clothes I should bring on camp	
I can pack my rucksack for camp	
I can keep my camping gear neat and tidy while on camp	
I know the main parts of a tent	
I can help pitch a tent	
I know how to set out my sleeping area for a good night's sleep.	
I know about the Buddy System	
I know the different emergency services that are available and how and when to call them	
I can collect small sticks suitable for fire-making.	
I have spent at least one night on camp	

**Stage Awarded**

**Date:**

**Awarding Assessor**

**Badge Presented**

## Camping Stage 2

<b>Competency Statement</b>	Assessor's Signature
I know about the food pyramid and can discuss it with a Scouter	
I know about food hygiene	
I can help prepare food for cooking on camp	
I know how to be safe while cooking	
I can get a weather forecast	
I know how I would get help if someone is hurt	
I know how to behave safely around fires	
I can demonstrate my understanding of the fire triangle	
I understand why I should follow directions from an instructor	
I have spent at least two further nights on camp	

**Stage Awarded**

**Date:**

**Awarding Assessor**

**Badge Presented**

### Camping Stage 3

#### Competency Statement

Assessor's  
Signature

I know how to care for all my personal gear

I know why we bring certain gear on camp for our team

I know how weather can affect our camp

I know about safe food storage

I can help make a hot drink using a fire

I can help clean up a fireplace after camp

I can assist in the cooking of a meal while on camp

I can use camp tools safely on camp

I know how to clean and treat a small cut or scratch

I know and can discuss the main principles of "Leave No Trace".

I can show a younger member of my team how to pitch a tent with the help of others

I can help others to learn about camping

I have spent at least two consecutive nights on camp

**Stage Awarded**

**Date:**

**Awarding Assessor**

**Badge Presented**

## Camping Stage 4

<b>Competency Statement</b>	Assessor's Signature
I know what personal gear I should bring on a lightweight and standing camp	
I can pack my rucksack properly for a lightweight camp	
I know how to use our team gear correctly and safely	
I know how to care for our team equipment during and in between camp	
I know the best place to pitch our tent and I can explain why	
I can assist in the pitching of a tent with my team	
I know how to use and store tools safely	
I know what to do in the case of cuts and minor burns	
I can be safe around fires and cooking equipment	
I can be a constructive member of my team while on camp	
I have spent at least a further four nights on camp	

**Stage Awarded**

**Date:**

**Awarding Assessor**

**Badge Presented**

<b>Camping Stage 5</b>		Assessor's Signature
<b>Competency Statement</b>		
I know what you need for building shelters and bivvys		
I can explain how you choose the best type of tent for a specific camp		
I can show a younger Scout how to pitch a tent		
I know how to pitch and set tents correctly for bad weather conditions		
I know what team equipment to bring on various types of camps		
I can select suitable locations for a standing or lightweight camp		
I can show the best layout for a team campsite.		
I can give a weather report to our Scouter for the duration of a camp		
I can show the best location on camp for a chopping pit		
I understand the importance of proper waste management on camp		
I can use at least two different types of cooking fires and stoves		
I can light and maintain a cooking fire		
I can plan a balanced menu with my team for a camping adventure		
I know how to store and cook food safely on camp		
I know how to cook a good balanced meal on a fire		
I have spent at least five <u>consecutive</u> nights on camp		
I have spent at least one night, <u>lightweight</u> camping		
<b>Stage Awarded</b>		<b>Date:</b>
<b>Awarding Assessor</b>		
<b>Badge Presented</b>		

## Camping Stage 6

Competency Statement	Assessor's Signature
I know how to plan the menu and purchase the food for a weekend camp	
I can source local knowledge with regards to a campsite and surrounding area	
I know how to plan a programme of activities for a camp	
I know the causes and how to recognize and treat hypothermia, hyperthermia, sunstroke, dehydration and asthma, or any medical conditions relevant to my team.	
I can show how to care for, store and maintain all our team equipment	
I can explain what group emergency equipment we should bring on camp and why	
I know how to use a variety of stoves in outdoor conditions safely	
I can talk to our team about the hazards involved in camping	
I can organise the pitching and striking of a team campsite	
I can pitch a tent that I am not familiar with	
I have successfully camped in a variety of weather conditions	
I have spent at least eight nights on camp including a week-long camp	
I have spent at least two consecutive nights lightweight camping	
<b>Stage Awarded</b>	<b>Date:</b>
<b>Awarding Assessor</b>	
<b>Badge Presented</b>	

## Camping Stage 7

<b>Competency Statement</b>	<b>Assessor's Signature</b>
I know how to select a suitable location for both standing and lightweight camps.	
I can plan and lead a team camp in a remote location for a minimum of two nights.	
I know how to organise the transport required for our camp	
I know how to plan activities for various types of camps	
I know to make contingency plans for our camp.	
I can take responsibility for myself and my team while on camp	
I can help those camping with my team to learn new skills	
I have spent at least 12 nights on various types of camps, including at least two consecutive nights without a Scouter	
<b>Stage Awarded</b>	<b>Date:</b>
<b>Awarding Assessor</b>	
<b>Badge Presented</b>	



## Camping Stage 9

### Competency Statement

Assessor's  
Signature

I know how to budget, prepare and manage every aspect of the expedition

I know how to ensure that safety precautions are put in place, without curtailing the fun of our camp

I can plan and execute, camps and expeditions in all types of locations - at home or abroad

I know how to source amenities and local places of interest

I know how to use a variety of cooking stoves, and know when each type is most effective

I have organized and led at least one camp for my team

I have spent at least 20 nights on various types of camps

**Stage Awarded**

**Date:**

**Awarding Assessor 1**

**Awarding Assessor 2**

**Badge Presented**

## Camp Log Book

<b>Camp #</b>	<b>Date From</b>
<b>Location</b>	<b>Date to</b>
<b>Number of Nights</b>	<b>This Camp</b> <span style="margin-left: 100px;"><b>To Date</b></span>
<b>Camp Chief</b>	<b>Overall Numbers</b>
<b>Number in my small group (Six/Patrol etc)</b>	
<b>Weather Report:</b>	
<b>Tent Type</b>	
<b>Programme</b>	
<b>Menu</b>	
<b>Please Turnover</b>	

**Skills Taught / Instructed**

**Other Observations**

**Please Draw a sketch map of the Camp Site**

**If there is insufficient space on the page please photocopy**

If you were Camp Chief the full planning / report pack should be included with the log books for assessments

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Location	Date to
Number of Nights	This Camp To Date
Camp Chief	Overall Numbers
Number in my small group (Six/Patrol etc)	
Weather Report:	
Tent Type	
Programme	
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**Skills Taught / Instructed**

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<b>Number in my small group (Six/Patrol etc)</b>	
<b>Weather Report:</b>	
<b>Tent Type</b>	
<b>Programme</b>	
<b>Menu</b>	
<b>Please Turnover</b>	

**Skills Taught / Instructed**

**Other Observations**

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## Backwoods Stage 1

<b>Competency Statement</b>	<b>Assessor's Signature</b>
I know what kinds of clothes to wear when going out into nature.	
I know how to prepare food for cooking.	
I know what a basic survival kit should contain.	
I know how to behave safely around fires.	
I know how to use hand tools safely.	
I can build a simple shelter.	
I have participated in at least two backwoods activities	
<b>Stage Awarded</b>	<b>Date:</b>
<b>Awarding Assessor</b>	
<b>Badge Presented</b>	

## Backwoods Stage 2

### Competency Statement

Assessor's  
Signature

I can use hand tools correctly.

I know how to treat simple cuts and scratches in a hygienic way.

I know how to set up a fireplace and assist in fire lighting.

I know how cook some food using tin foil instead of pots and pans.

I know about food hygiene in the outdoors

I can prepare and cook food properly in backwoods conditions.

I know the important things to remember when building a simple shelter using plastic sheeting.

I have attended at least an additional two backwoods activities.

**Stage Awarded**

**Date:**

**Awarding Assessor**

**Badge Presented**

### Backwoods Stage 3

#### Competency Statement

Assessor's  
Signature

I know how different weather conditions can affect a backwoods activity.

I know how to get help when someone is in trouble.

I know the main principles of "Leave No Trace".

I can use camp tools safely on camp.

I know about food storage

I can prepare my own survival kit.

I can teach another Scout about preparing a survival kit.

I can make a simple fish hook.

I can light a fire using natural tinder, fuzz sticks and matches.

I can build a shelter for six people.

I have attended at least an additional three backwoods activities.

**Stage Awarded**

**Date:**

**Awarding Assessor**

**Badge Presented**

## Backwoods Stage 4

<b>Competency Statement</b>	<b>Assessor's Signature</b>
I know about nature and what you are likely to see and experience as part of a backwoods activity.	
I know what equipment I need to bring with me on a backwoods activity.	
I can make simple containers using natural materials.	
I know how to treat cuts and minor burns.	
I can find directions by using star constellations and the sun/watch method.	
I know how to set up a tarp bivy shelter suitable for two people.	
I know how to prepare a fire place and light and maintain a fire using minimum resources.	
I can make camp bread such as twists and scones.	
I have attended at least one backwoods-based overnight activity.	
<b>Stage Awarded</b>	<b>Date:</b>
<b>Awarding Assessor</b>	
<b>Badge Presented</b>	

<b>Backwoods Stage 5</b>		Assessor's
<b>Competency Statement</b>		Signature
I know the safety considerations that are necessary before embarking on any activity or adventure.		
I know how to use and care for tools of all kinds safely.		
I know how to build a backwoods shelter using natural materials and how to return this material to nature.		
I can make a length of cordage using naturally found fibres.		
I can carve a wooden spoon from a piece of wood.		
I know how to cook a variety of foods using different backwoods methods.		
I can light a fire using flint and steel.		
I can make myself comfortable on an overnight backwoods adventure using available natural materials.		
I have attended backwoods based activities lasting at least two nights.		
<b>Stage Awarded</b>		<b>Date:</b>
<b>Awarding Assessor</b>		
<b>Badge Presented</b>		

## Backwoods Stage 6

<b>Competency Statement</b>	<b>Assessor's Signature</b>
I know what Team and personal equipment is necessary for a successful backwoods activity.	
I know all of the elements of the "Leave no Trace" programme.	
I can find my way using natural direction indicators.	
I can identify edible fruits and berries that are found in nature.	
I can prepare the foods I find in nature for cooking.	
I can catch and prepare a fish for cooking.	
I have led at least one backwoods activity .	
<b>Stage Awarded</b>	<b>Date:</b>
<b>Awarding Assessor</b>	
<b>Badge Presented</b>	

## Backwoods Stage 7

<b>Competency Statement</b>	<b>Assessor's Signature</b>
I know the likely hazards that may be present in woodland and open countryside.	
I know how to live in the countryside without disturbing the balance of nature in any way.	
I know a number of ways of constructing shelters and bivvys.	
I know how to make utensils by carving and by other methods.	
I know how to light and maintain a fire using friction methods.	
I can cook a meal without using common utensils.	
I have led at least one overnight backwoods or survival based activity.	
<b>Stage Awarded                      Date:</b>	
<b>Awarding Assessor</b>	
<b>Badge Presented</b>	

## Backwoods Stage 8

<b>Competency Statement</b>	<b>Assessor's Signature</b>
I know the different edible foods that can be eaten safely in the wilds.	
I know how to prepare, cook and store food in backwoods conditions.	
I hold a first aid certificate (outdoor) or equivalent REC 3.	
I know how to make a variety of tools, and useful gadgets to survive in nature over a period of time.	
I can live comfortably in a number of different natural situations, with minimal equipment.	
I know a number of ways of constructing shelters capable of being used for a number of nights.	
I have led at least three backwoods adventures.	
I have participated in a survival weekend activity.	
<b>Stage Awarded</b>	<b>Date:</b>
<b>Awarding Assessor 1</b>	
<b>Awarding Assessor 2</b>	
<b>Badge Presented</b>	

## Backwoods Stage 9

<b>Competency Statement</b>	Assessor's Signature
I have run at least two backwoods skills training sessions for my Scout Group/County.	
I have participated in a survival activity outside my usual Scouting environment..	
<b>Stage Awarded</b>	<b>Date:</b>
<b>Awarding Assessor 1</b>	
<b>Awarding Assessor 2</b>	
<b>Badge Presented</b>	

# Backwoods Log Book

<b>Activity #</b>	<b>Date From</b>
<b>Location</b>	<b>Date to</b>
<b>Activity Chief</b>	<b>Overall Numbers</b>
<b>Number in my small group (Six/Patrol etc)</b>	
<b>Weather Report:</b>	
<b>Shelter details</b>	
<b>Food, Fire &amp; Cooking details</b>	
<b>Other Activities details</b>	
<b>Skills Learnt / Taught / Instructed</b>	
<b>Other Observations</b>	

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<b>Weather Report:</b>	
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